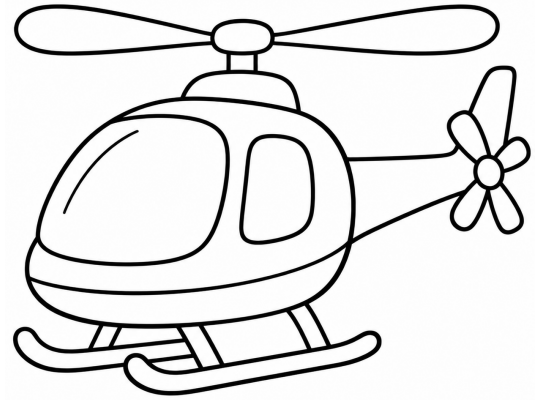
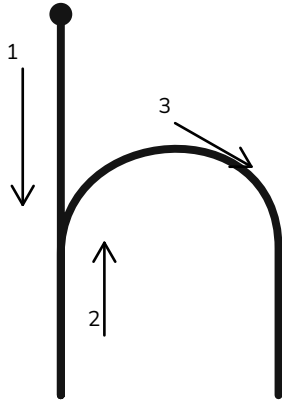


Colour, say and write

Say it. Trace it. Try it. Colour or paint.

Make the letter



helicopter

Adult: Draw the tall stroke down, travel back up and curve over the helicopter's rounded shape before coming down again.

Say the sound: Open your mouth and let a short breath out for h, as at the start of helicopter.

Trace it. Then try a few of your own.



Picture word: trace it if you like.

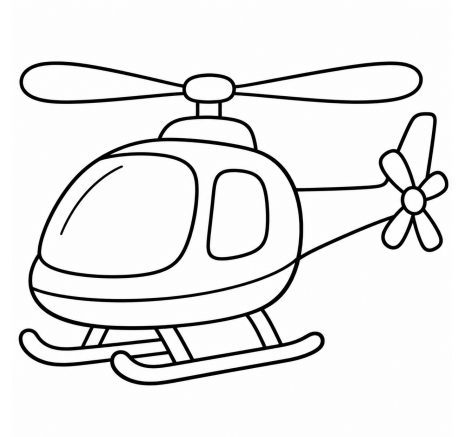
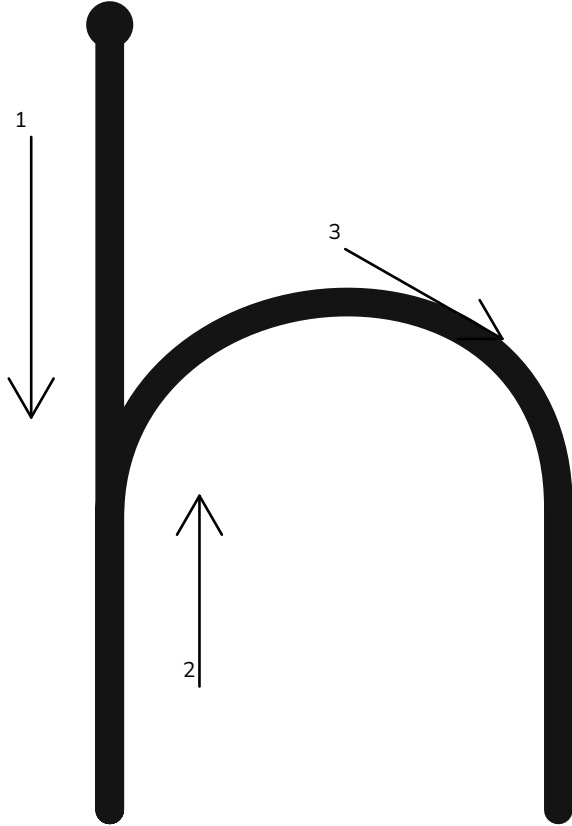
helicopter

Copy the word here if you want to.



Large lowercase h

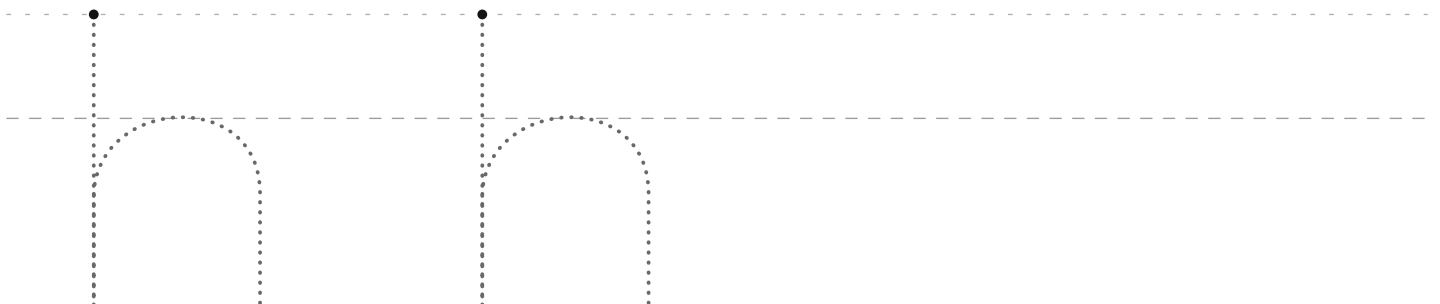
Follow the arrows with a finger. Trace h, then try it.



Start high and draw down the tall stem. Travel back up, curve over one shoulder and come down to the line.

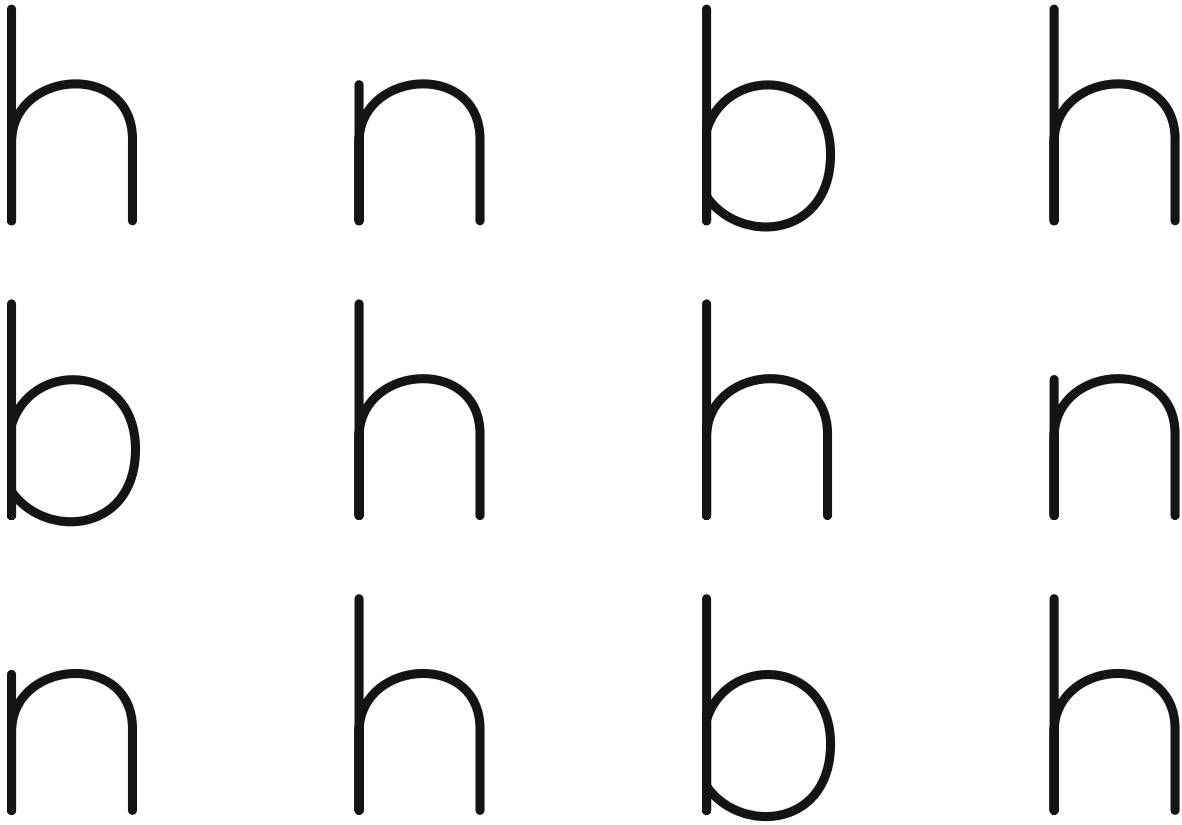
Say hat, hen and hop with an adult. Listen for the short breath at the start of each word.

Trace it. Then try a few of your own.



Find lowercase h

Circle or colour each h. An adult can name the letters.



h has a tall stem and an open shoulder. n starts lower; b has a closed bowl. Find six h letters.

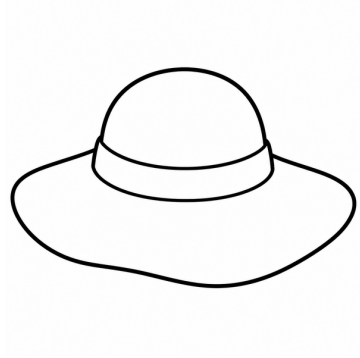
Trace it. Then try a few of your own.



h in little words

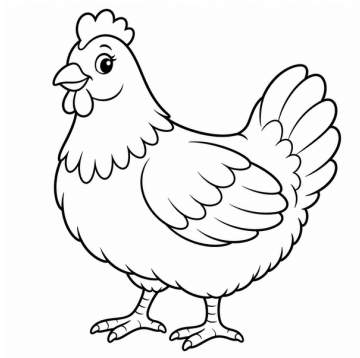
Say the words together. Trace or copy only if you like.

Adult: name the hat and hen. The child is taking a hop on one foot. Find the first h in each word.



hat
hat

Three horizontal lines for handwriting practice: a solid top line, a dashed middle line, and a solid bottom line.



hen
hen

Three horizontal lines for handwriting practice: a solid top line, a dashed middle line, and a solid bottom line.

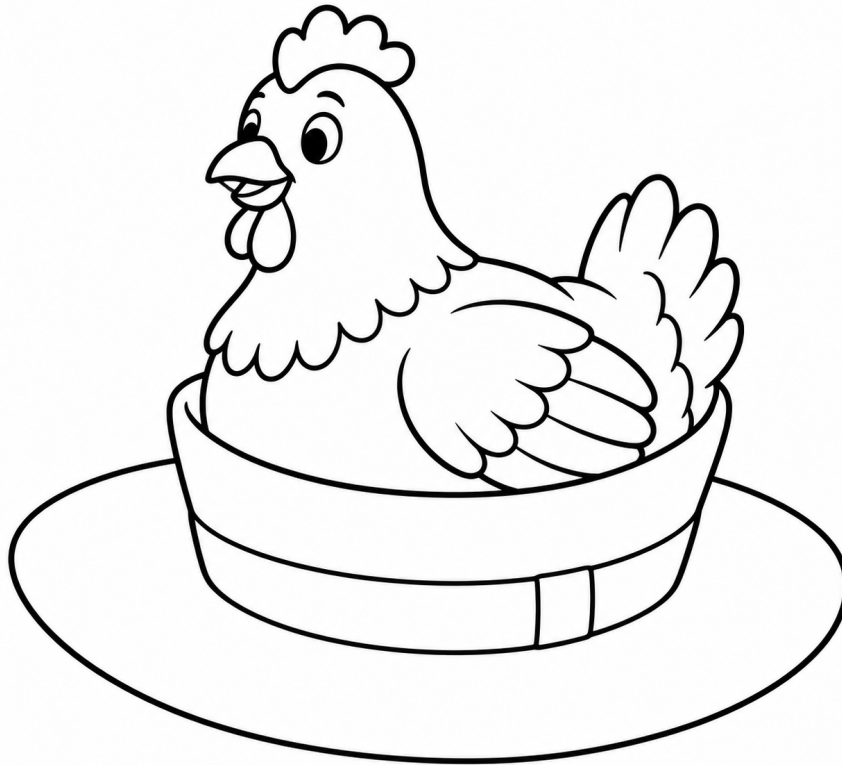


hop
hop

Three horizontal lines for handwriting practice: a solid top line, a dashed middle line, and a solid bottom line.

Hen in a hat

Colour the picture. Trace h. Try a word if you like.



Name the hen sitting in the hat. Say hen and hat together and listen for the short breath at the start.

Trace it. Then try a few of your own.



Optional: trace a word. Copy one if you like.

hen hat